

NC Board of Massage & Bodywork Therapy
April 15, 2010

Based on previous Board opinions the following modalities are required to have a North Carolina Board of Massage and Bodywork Therapy license:*

1. Acupressure
2. Bowen Technique
3. Bowtech Technique
4. Craniosacral Therapy
5. Cupping
6. Endermologie
7. Endermology
8. Hot Stone Massage
9. Hydrotherapy
10. Infant Massage (unless exempt under NCGS 90-624)
11. Kiatsu
12. Lymph Star Pro Machine
13. Lymphatic Drainage Machine (must be trained and competent)
14. Neurostructural Intergration Technique
15. Phytobiadermie Vacuum Suction Massage
16. Pregnancy Massage
17. Rolfing
18. Shiatsu
19. Structural Integration
20. Synergie AMS Device
21. Thai Yoga Massage
22. Theraflex System
23. Watsu

** This list is updated periodically as the Board reviews modalities*