

NC Board of Massage & Bodywork Therapy
May 16, 2011

Based on previous Board opinions the following modalities are required to have a North Carolina Board of Massage and Bodywork Therapy license:*

1. Acupressure
2. Amma Therapy
3. Amma Massage Therapy
4. Bowen Technique
5. Bowtech Technique
6. Craniosacral Therapy
7. Cupping
8. Endermologie
9. Endermology
10. Hot Stone Massage
11. Hydrotherapy
12. Infant Massage (unless exempt under NCGS 90-624)
13. Kiatsu
14. Lymph Star Pro Machine
15. Lymphatic Drainage Machine (must be trained and competent)
16. Neurostructural Intergration Technique
17. Phytobiadermie Vacuum Suction Massage
18. Pregnancy Massage
19. Rolfing
20. Rossiter
21. Shiatsu
22. Structural Integration
23. Synergie AMS Device
24. Thai Yoga Massage
25. Theraflex System
26. Zero Balancing
27. Watsu

** This list is updated periodically as the Board reviews modalities; please note this list is for modalities which have come into question as to whether the specific modality listed would require licensure.*